

Vidyabharti Sanstha, Wardha's

Vidyabharti College, Seloo

(Art's, Commerce & Science) Th. Seloo, Wardha - 442 104 College Index : Sr. - 868 Jr. 07.08.006

Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

Ref.No. Vbcs /

Date: /

International Yoga Day

Academic Year	2017-18
Name of the Activity	International Yoga Day
Date of the Activity	21/06/2017
Organised by	Department of Physical Education and Sports
Organising Unit/Agency/Collaborating agency	Resource Person: Mrs. Reshma Gandole Designation: President of Housie Yoga Association in Wardha District
Number of Students	27
Brief Report	3rd International Yoga Day was celebrated by the Department of Sports under the theme of 'Yoga For Health' and explained How Yoga is important in day today life. It is needed for a health as well. This Programme creates awareness in society. Dr. Sanjay Kanode, Principal of Vidyabharti College, Seloc explained the importance of Yoga Sana. After the presentation of Yoga, Mrs. Reshmate Gandole, President of the Housie Yoga Association in Wardha District played the role of Yoga Instructor. The Programme was conducted with help of Dr. Sonal Panchabhai sir, Hessupported technically for this Programme.

Co-ordinator
Internal Quality Assurance Cell
Vidyabhar'i College, SELQO



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Co-ordinator
Internal Quality Assurance Cell
Vidyabhari College, SELGO







Vidyabharti Sanstha, Wardha's Vidyabharti College, Seloo (Art's, Commerce & Science) Th. Seloo, Wardha - 442 104 Affiliated to Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

Ref.No. Vbcs /

Date :

Academic Year	2018-19
Name of the Activity	International Yoga Day
Date of the Activity	21/06/2018
Organised by	Department of Physical Education and Sports
Organising Unit/Agency/Collaborating agency	Resource Person: Mrs.Reshma Gandole Designation: President of Housie Yoga Association in Wardha District
Number of Students	33
Brief Report	4 th International Yoga Day was celebrated by the Department of Sports under the theme of 'Yoga For Peace' and explained How Yoga is important in day today life. It is needed for a health as well. This programme creates awareness in society. Dr. Sanjay Kanode Principal of Vidya Bharti College, Seloc explained the importance of Yoga Sana. Afte the presentation of Yoga, Mrs.Reshma Gandole, President of the Housie Yoga Association in Wardha District played the role of Yoga Instructor. The Programme was conducted with help of Dr.Parag Kawale sir He supported technically for this programme The anchor of programme was conducted by Dr.Abhijit Patil sir. All the technical supervision is done by Dr.Sidhart Nagdive The vote of thanks expressed by Dr.Karuna Ganwir mam Outcomes and conclusion:- Students, faculties and participants attended this programme. Mrs.Reshma Gandole Madan conducted the yoga activity very nicely.

Co-ordinator Internal Quality Assurance Cell Vidyabhar'i College, SELOO



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Co-ordinator
Internal Quality Assurance Cell
Vidyabhar'i College, SELGO



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International Yoga Day

Academic Year	2019-20
Name of the Activity	International Yoga Day
Date of the Activity	21/06/2019
Organised by	Department of Physical Education and Sports
Organising Unit/Agency/Collaborating agency	Resource Person: Shri. Laddharam Ahuja Sir Designation: Local Classes Of Yoga Wardha
Number of Students	29
Brief Report	5 th International Yoga Day was celebrated by the Department of Sports under the theme of 'Climate Action' and How Yoga is important in day today life. It is needed for a health as well. With the help of this programme creating awareness in society. Dr. Sanjay Kanode Principal of Vidya Bharti College, Seloc explained the importance of Yoga Sana. After the presentation of Yoga, Shri. Laddharan Ahuja, Local Classes of Yoga Wardha played the role of Yoga Instructor. The Programme was conducted with help of Dr. Vaishal Patisir, He supported technically for this programme. The anchoring of programme had conducted by Dr. Bhasksr Ghaisas sir. All the technical supervision was done by Dr. Ashisl Tiple. The vote of thanks was expressed by Dr. Vaishal Patil Sir.

Co-ordinator
Internal Quality Assurance Cell
Vidyabhar'i College, SELOO







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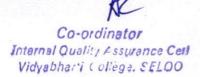
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Date:

Academic Year	2020-21
Name of the Activity	Online International Yoga Day
Date of the Activity	21/06/2020
Organised by	Department of Physical Education and Sports
Organising Unit/Agency/Collaborating agency	Resource Person: Urmila Chaudhari Designation: School Teacher New English High School Wardha Teaching Experience: 16 years as a Teacher One Year Yoga Diploma Aaush Mantralay, New Delhi.
Number of Students	36
Brief Report	Yoga is the ability to perceive use, understand, manage and handle emotions. During this pandemic, this would become a need for everybody. It is the way to enlighten on self-awareness, self-regulation and social skills in this pandemic situation. Online International Yoga Day was celebrated by the Department of Sports under the theme of 'Yoga at Home Yoga with Home' through this technology explained How Yoga is important in day today life. It is needed for a health as well. In the corona situation with the help of this programme creating awareness in society. Dr. Sanjay Kanode, Principal of Dr. R.G. Bhoyar Arts, Commerce & Science College. Mrs. Urmila Umakant Chaudhary, a Teacher, at New English High School, Wardha played the role of Yoga Instructor. The anchoring of the programme was conducted by Dr. Abhijit Patil sir. All the technical supervision is Carried out by Dr. Parag Kawale. The vote of thanks expressed by Dr. Vibha Nikose mam





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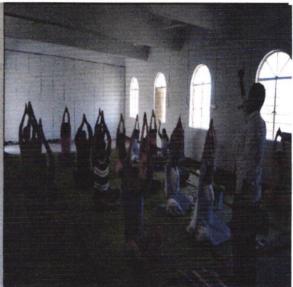
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VIDYABHARTI SANSTHA, WARDHA.

DR. R. G. BHOYAR ARTS, COMMERCE & SCIENCE COLLEGE

MOHANAPUR, TH-SELOO DIST-WARDHA 442104 (FORMERLY VIDYABHARTI COLLEGE)

Affiliated To Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur.

NAAC Accredited with B+ Grade

College Index: (Sr.-699) (Jr.07.08.006)

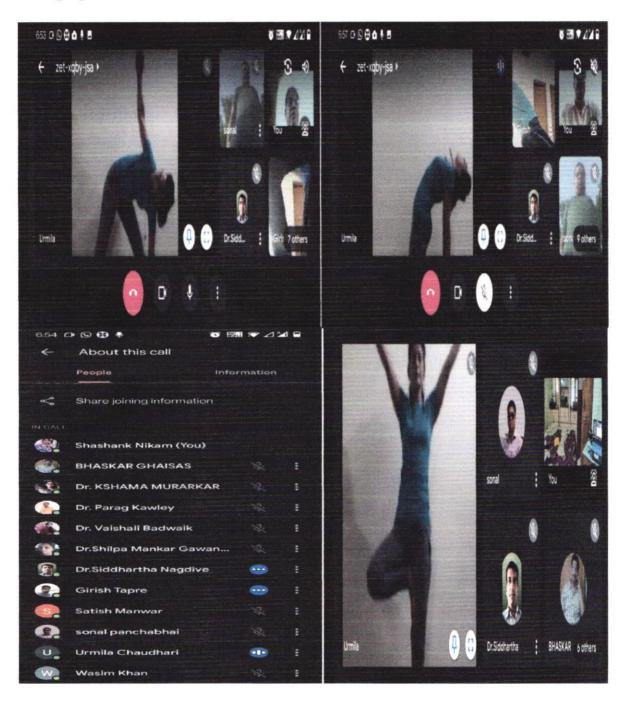
Academic Year	2021-22
Name of the Activity	Online International Yoga Day
Date of the Activity	21/06/2021
Organised by	Department of Physical Education and Sports
Organising Unit/Agency/Collaborating	Resource Person:UrmilaChoudhari
agency	 Designation: School Teacher New English High SchoolWardha Teaching Experience: 16 years as a Teacher One Year Yoga DiplomaAaush Mantra lay New Delhi
Number of Students	22
Brief Report	Online International Yoga Day was celebrated
-	by the Department of Sports under the theme of
	'Yoga Wellness' Yoga with Home' through this
	technology explained How Yoga is important in
	day today life. It is needed for health as well. In
	Corona's situation with the help of this
	programme creating awareness in society. Dr. Sanjay Kanode, Principal of Dr. R.G. Bhoyar
	Arts, Commerce & Science College, Seloc
	explained the importance of Yoga Sana. After
	the presentation on Yoga
	Mrs.UrmilaUmakantChaudhary, a Teacher,Nev
	English High School, Wardha played the role o
	Yoga Instructor. The Programme was conducted
	with help of Dr.ParagKawale sir, He
	supported technically for this programme.
	Objectives: Yoga is the ability to perceive use
	understand, manage and handle emotions
	During this pandemic, this would become the need for everybody. It is the way to enlighten or
	self-awareness, self-regulation and social skill
	in this pandemic situation.
	The anchor of programme was conducted by
	Dr. AbhijitPatil sir. All the technical supervision
	was done by Dr.ParagKawale. The vote o
1 :	thanks expressed by Dr. VibhaNikose mam

Co-ordinator Internal Quality Assurance Cell Dr. R. G. Bhoyar Arts, Comm. & Science Cullege, SELOO

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Dr. R. G. Bhar Arts, Comm. & Science College, SELOO

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Co-ordinator
International College Cell
Dr. R. Shoyar Arts. Comm.
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Dr. R. G. Bhoyar Arts, Comm.
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